

SSIG Spring Newsletter



Connecticut Physical Therapy Association

Volume 5 Issue 1

Meet the Officers!

In This Issue

Meet the
Officers

CT Student
Conclave

Get Involved!

Pittsburg-
Marquette
Challenge
Update

CSM Update

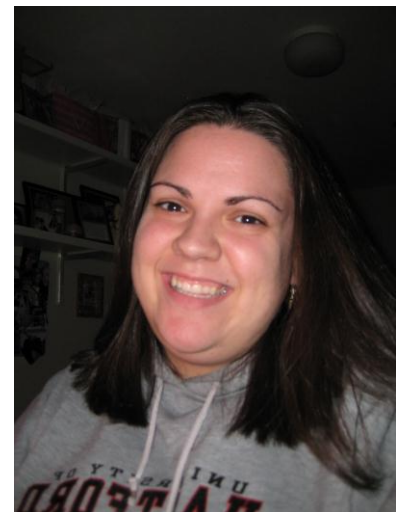
Upcoming
Events

Contact
Information

Alyssa Itzkowitz

President, University of Hartford

Alyssa Itzkowitz is a second year DPT student at the University of Hartford. She is currently the President of the Connecticut Physical Therapy Association's Student Special Interest Group (SSIG). In addition, Alyssa currently serves as the Core Ambassador of Connecticut to the APTA student communication network, "The Loop." She is also the Vice President of the University of Hartford Physical Therapy Student Association. Alyssa attended National Student Conclave in 2009 & 2010 and has been an APTA student member since 2008. Alyssa is from Vernon, Connecticut. Alyssa looks forward to this upcoming year as the SSIG President!



Gregory Sabo

Vice President, University of Connecticut

Gregory is a 1st year DPT student at the University of Connecticut. He is currently the Vice President for the Student Special Interest Group for the Connecticut Physical Therapy Association. He graduated from Penn State in 2006, where he served as the president of his fraternity Lambda Chi Alpha Fraternity. Greg is originally from Danbury, CT. He is a certified personal trainer and enjoys playing sports, weight training, staying active, learning and reading of philosophy and physics and watching football. Currently Greg is interested in the area of sports physical therapy.

Regina Scafariello

Secretary, Sacred Heart University

Regina Scafariello is a first year DPT student at Sacred Heart University. She is currently the Secretary of the Student Special Interest Group (SSIG) for the Connecticut Physical Therapy Association (CPTA). Regina graduated from SHU with a degree in Exercise Science, minor in Music Performance, and minor in Honors Studies. In her spare time, she enjoys singing, reading, and being with family and friends. She is very excited to be a new member of SSIG and become more involved in the profession.



Nicole Fraser

Director, Quinnipiac University

Nicole is a second year DPT student at Quinnipiac University. She is currently the Director of the Student Special Interest Group (SSIG) for the Connecticut Physical Therapy Association (CPTA). Nicole graduated from Quinnipiac in May 2010 with a degree in Health Science and a minor in Spanish. She served as president of her sorority Phi Sigma Sigma for one calendar year and currently works in the Office of the Student Center and Campus Life at Quinnipiac University. In her spare time she enjoys reading, shopping and being with friends and family. She is excited about the opportunity to serve as Director and to get more involved with both the APTA and CPTA.

Joseph Yoon

Treasurer, University of Connecticut

Joseph Yoon is a second year DPT student at the University of Connecticut. He is currently the treasurer of the SSIG for the CPTA, and secretary for the UConn DPT class of 2012. On his free time, he enjoys picking up extra hours of work as an aide at Hartford Hospital and as a tutor for students K-12. Joe is originally from Stamford, CT and is an APTA student member. Joe attended and enjoyed his time at the APTA National Student Conclave in October of 2010 and the Combined Sections Meeting in February 2011 and looks forward to becoming more involved with both the APTA and CPTA.



Are You In the Loop?

CT Student Conclave

April 2, 2011

Quinnipiac University North Haven

Stay in the loop this spring by attending the CT Student Conclave On April 2nd 2011 at Quinnipiac University in North Haven, CT. Sessions will cover topics including Aquatic Therapy, Walking Speed, Wii-hab, Pilates, Residencies and other great topics to prepare you for your first job. Presenters around CT along with an APTA Board of Director will be present. Online registration and more information can be found on the Connecticut Physical Therapy Association website. Don't miss out!



Get Involved!

Alyssa Itzkowitz

You might wonder how to become more involved or how I became more involved or how I

became President of SSIG. I always found or made up excuses on why I couldn't attend the meetings. About a month before the December meeting in 2009, one of the DPT III students at the University of Hartford emailed the executive board members of the Physical Therapy Student Association (PTSA) and said that he was attending the meeting and that he would drive us. Since we were dedicated to our own school association, he knew we'd be a good fit as a member of the Connecticut Physical Therapy Association's Student Special Interest Group. At first I was a little nervous, but took a plunge and signed up to be the representative for the University of Hartford. Once involved in SSIG I became more involved with the APTA and went to National Student Conclave (NSC) in 2009 with 10 students from the University of Hartford, and then again in 2010 with one other student. Getting involved beyond my own school and department has been the best thing I've done. Meeting other PT and PTA students as well as faculty/staff and professionals not only in CT has been a great experience and opened my options for networking. The new 2011 board members are represented from each PT school, which brings much diversity and personality to the SSIG. I encourage all PT and PTA students to attend as many events as you can as a student because the opportunities are endless. The cost is inexpensive and the memories you make are ones you'll never forget! Don't forget that sometimes it's not always what you know, but who you know!



Get out there and get involved!

Marquette Challenge Updates

For the Pittsburgh-Marquette Challenge PT students throughout CT are hard at work! Kelly McCormack, Alyssa Itzkowitz, and the Physical Therapy Student Association at the University of Hartford is hosting a Gala style dinner for students, faculty, staff, clinical instructors and alumni at the 1877 Club on the University of Hartford's main campus on Saturday April 2011 from 6:00-10:00pm. Students at Quinnipiac are currently, working on planning a PT social night at a local pub and possibly even selling clipboards with clinical information on them to the PT and OT students.

Uconn is looking to hold a 5k/10k run/walk on April 9th. They will be looking to raise money for the Foundation by finding sponsors for the run, as well as from small registration fees. There will be prizes, and it will also be a good opportunity for some friendly competition (of course, all Connecticut PT programs are invited) and to raise money for a great cause. Sacred Heart University students hosted a Marquette fundraiser in November 2011 and it was a 2-day continuing education course presented by Sahrman, Shirley, A., PT, PhD, FAPTA.



2,



It is with feelings of appreciation and inspiration that we return from CSM 2011 in New Orleans. As representatives of the University of Connecticut our group of 11 students headed south to experience the bridge between education and clinical application; between student and professional. CSM was as welcoming as the city of New Orleans to the over 10,000 individuals who attended this record-breaking event. For students, CSM 2011 proved a unique opportunity to network with other students from across the country, an experience that reinforces the strength of future physical therapists. The high turn out was well worth it as experts in clinical practice and research presented extensively over the four-day event. Thankful for our opportunity, the UConn students were able to take full advantage of lectures ranging from SLAP lesion post-surgical rehabilitation to management of progressive neuromuscular disorders in children to aquatic therapy as a means of returning athletes to land based play. These lectures were just one facet of the overall CSM experience that served to deepen our understanding and appreciation for our chosen field. Many of us were able to attend the CPTA reception that allowed us to see some friendly faces miles away from home. Such a strong Connecticut turn out displays the commitment our state has to the APTA on the national level. It is thanks to such experiences provided by the APTA like CSM, that we as students are exposed to the leaders among our peers and the professionals who serve to inspire our own growth and achievement. It was an honor to be a part of such a memorable event that exemplifies the unity and success of physical therapy. We look forward to seeing you all in Chicago for CSM 2012!

-Allison E. Duni, SPT , Maureen Schimizzi, SPT, Jennifer Falcigno, SPT

University of Connecticut '12

Upcoming Events-Save the Date!

Advocacy Forum: Saturday, March 12, 2011 8-4pm (Lunch included); Springfield, MA – Marriott
Student Cost: \$25

Scholarships

CPTA Education Fund Scholarship: Applications available on CPTA website (www.ctpt.org) Deadline: March 4, 2011

Kaiser Hayward PT Fellowship and Kaiser Permanente Neurologic Physical Therapy Residency Scholarships Through APTA for Annual Conference, June 8-11, 2011 Deadline: March 16, 2011 (www.kaiserhaywardptfellowship.com/scholarship) 2nd and 3rd year DPT students ONLY

CPTA SSIG

CPTA Student Conclave at QU North Haven: April 2nd
Annual Softball Tourney: April weekend (either Sat or Sun)

APTA Events

Annual Conference National Harbor, MD: June 8-11th
National Student Conclave (NSC) – Minneapolis, MN: October 21-23rd
CPTA Annual Conference-Cromwell, CT: September 30 & October 1, 2011-

Tentative Fall SSIG Meetings:

September 27, 2011 7pm - University of Hartford
November 3, 2011 7pm- UCONN
December 1, 2011 7 pm Sacred Heart University

Contact Information- SSIG 2011

Board of Directors

President -Alyssa Itzkowtix aitzkowtix@hartford.edu
Vice President- Gregory Sabo Gregory.sabo@gmail.com

Secretary- Regina Scafariello
scafariellor@sacredheart.edu

Treasurer- Joseph Yoon joseph.yoon@uconn.edu

Director -Nicole Fraser nicole.fraser@quinnipiac.edu

CPTA SSIG Advisors

Melissa Corriveau missarose@qol.com

Alan Balavender alan.balavender@ptsmc.com

Representatives

Brittany Raniere
Brittany.raniere@quinnipiac.edu

Katy Van Deveire
katyvandeveire@hotmail.com

Cedric Haddad
cedric.haddad@uconn.edu

Lisa Henselder
henselderl@sacredheart.edu

Stephanie Swartz
schwartzs@sacredheart.edu

Kara Kuchachik kuchachik@hartford.edu

Sara Wilson sarawill44@aol.com

MaryAnn Schinella Schinella20@aol.com