

Dates/Times:

Friday, November 13th 9:00a - 5:00p

Saturday, November 14th 8:00a - 3:30p

Course Location:

Sacred Heart University

Cambridge Campus

7 Cambridge Drive

Trumbull, CT 06611

Cost: \$425

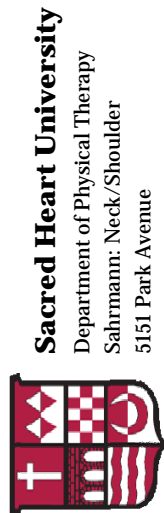
CEUs: 12.5

Directions Available at:

www.sacredheart.edu/cambridge.cfm

The Marquette Challenge

The Marquette Challenge was founded in 1988 by Marquette University students. It is a fundraising effort coordinated & carried out exclusively by physical therapist & physical therapist assistant students. Since its founding, schools across the nation have raised over one million dollars for the Foundation for Physical Therapy. Since 1979, the Foundation has worked to fund research that supports the development of evidence-based physical therapist practice, enhance the quality of PT services for patients, & increases the number of physical therapy research. This event marks the second entry into the annual Marquette Challenge for the Sacred Heart University Student Physical Therapy Association.



Sacred Heart University's

Student Physical Therapy Association

Is Proud To

Present

Shirley Sahrman
PT, PhD, FAPTA

Diagnosis & Treatment of Movement System Impairments of the Neck & Shoulder

With Introduction by

David Cameron
PT, PhD, OCS, ATC

November 13th & 14th 2009
Sacred Heart University
Fairfield, CT

All Proceeds Benefit:

Marquette Challenge

and the



Shirley Sahrman

Dr. Sahrman is Professor of Physical Therapy, Neurology, Cell Biology & Physiology at Washington University School of Medicine, St. Louis, Missouri. She received her bachelor's degree in Physical Therapy, masters & doctorate degrees in Neurobiology from Washington University. Dr. Sahrman's repertoire include the Catherine Worthingham Fellow of the American Physical Therapy Association, the Association's Marion Williams Research Award, the Lucy Blair Service Award, the Kendall Practice award, the Inaugural John H.P. Maley Lecture & Mary McMillan Lecture awards.

Dr. Sahrman has also received Washington University's Distinguished Faculty Award, the School of Medicine's Inaugural Distinguished Clinician Award & an honorary doctorate from the University of Indianapolis. She's also received the Bowling-Erhard Orthopedic Clinical Practice Award from the Orthopaedic Section of the APTA. Dr. Sahrman has been a keynote speaker at the World Confederation of Physical Therapy and to the Canadian, Australian, New Zealand & Danish national congresses.

Research interests are in development & validation of classification schemes for movement impairment syndromes along with exercise-based interventions, which is described in her book, *Diagnosis & Treatment of Movement Impairment Syndromes*. She maintains a clinical practice focusing on musculoskeletal pain syndromes.

David Cameron

Dr. Cameron is Clinical Assistant Professor at Sacred Heart University. He teaches basic and advanced Musculoskeletal Examination & Treatment. Dr. Cameron earned his BS in Physical Therapy from University of Connecticut. He furthered his education with a M.A. in Education from the University of Connecticut with concentration in Sports Biomechanics and completed his PhD in Pathokinesiology at New York University.

Dr. Cameron has more than 24 years of experience in orthopaedic and manual physical therapy. He is recognized as an orthopaedic certified specialist by the American Board of Physical Therapy Specialties. He practices at SHU Sports Medicine & Rehabilitation Center in Fairfield, CT.

Course Description

This course will provide a review and update of the concepts and principles of the Movement System Impairment Syndrome (MSI) theory and its relationship to musculoskeletal pain syndromes. The course will use lecture and demonstrations as the means of instruction in the examination and treatment. It is designed to demonstrate the role of using the results of the examination to develop a diagnosis, the patterns of impairments that constitute a diagnosis and the details of the examination. The demonstrations should enable the participant to be able to recognize the signs and symptoms of neck and shoulder movement system impairment syndromes. The course will emphasize the selection and performance of corrective exercises based on the results of the examination. Discussion will also include description of the diagnoses of shoulder and cervical spine movement impairment syndromes.

REGISTRATION INFORMATION

Name: _____

Organization: _____

Address: _____

City: _____ **State:** ____ **Zip:** ____

Phone: _____

E-mail: _____

Mail to: **Sacred Heart University**
Department of Physical Therapy
Sahrman Neck/Shoulder Course
5151 Park Avenue
Fairfield, CT 06825

Fax to: **203.365.4723**

Check \$425.00 payable to: SHU/SPTA

SUGGESTED LODGING

Homewood Suites Stratford
www.homewoodsuites.com
6905 Main Street, Stratford, CT 06614
203.377.3322

Trumbull Marriott
www.marriott.com
180 Hawley Lane, Trumbull, CT 06611
203.551.2522

Course Objectives

- Describe the factors contributing to Movement System Impairments. (MSI)
- Describe the MSI of the scapula, humerus & cervical spine.
- Describe the examination for MSI of the scapula, humerus & cervical spines.
- Develop an MSI pain diagnosis based on identification of examination findings of a patient with a shoulder and neck pain.
- Develop a treatment program based on the MSI diagnosis and the exam findings that identify the contributing factors observed during an exam performed on a subject with neck or shoulder pain.