

Orthopedic Manual Therapy Mini-Series

The Connecticut Physical Therapy Association is excited to announce the 2009 Orthopedic Manual Therapy Mini-Series. Led by AAOMPT Fellows [Keith Havemeyer PT, MS, OCS, FAAOMPT](#) and [Richard Murray MSPT, OCS, FAAOMPT](#), this three part series will explore three distinct orthopedic manual therapy treatment scenarios.

[Session I: Adverse Neural Tissue Tension of the Upper Extremity:](#)
[May 19, 2009: Sacred Heart University, Cambridge Campus, Fairfield, CT](#)

Peripheral nerve entrapment is a common, yet often unrecognized, pathology. This course will introduce peripheral nerve entrapment of the upper extremity. First, the anatomy, pathological neurodynamics and resulting signs/symptoms will be explored. Testing procedures will be discussed and practiced in the laboratory setting. Treatment options will be practiced, including manual techniques and exercises.

[Session II: Adverse Neural Tissue Tension of the Lower Extremity:](#)
[July 13, 2009: Naugatuck Valley Community College, Waterbury, CT](#)

Session II will build on Session I, but may be taken independently. This course will introduce peripheral nerve entrapment of the lower extremity. The anatomy, pathological neurodynamics and resulting signs/symptoms will be explored. Testing procedures will be discussed and practiced in the laboratory setting. Treatment options will be practiced, including manual techniques and exercises.

[Session III: Assessment of the Upper Cervical Spine:](#)
[September 15, 2009: Eastern Rehabilitation Network, Newington Campus](#)

Joint dysfunction of the upper cervical spine is a common, and potentially serious, problem. This course will introduce the mechanics of the upper cervical spine: OA, AA and C23 joints. The anatomy and arthrokinematics will be explored. Joint dysfunction and the resulting signs/symptoms will be discussed, to include red flags that warrant further medical consultation. Testing procedures will be covered and practiced in the laboratory setting. Treatment options will also be practiced, including manual techniques and exercises.

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Additional Course Information

Members may attend all three sessions for \$190, while the non-member price is just \$255 for the series. Individual sessions are priced at an affordable \$75 for members and \$100 for non-members.

Participants may sign up for a single class or take advantage of the 15% discount by registering for the entire series. Each session will qualify participants for 3 CEHs and this classwork does apply toward the Connecticut Direct Access manual therapy requirement.

Each class will run from 5 pm – 8 pm and offer a light dinner.