

T4 syndrome, or more generally upper thoracic syndrome, is rare and perhaps under-recognized clinical entity that warrants attention. The purpose of this evidence-based presentation is to discuss the examination, evaluation, diagnosis (including differential diagnosis), prognosis, intervention, and outcomes assessment of T4 syndrome. In addition, current pain science research will be discussed in the context of this patient population. This interactive presentation will use discussion, demonstration, patient vignettes, and clinical algorithms to shed light on T4 syndrome.

Learning Objectives:

By the end of this program, participants will be able to:

1. Discuss an examination strategy for patients suspected of having T4 syndrome
2. Differentiate between T4 syndrome and other conditions that present similarly
3. Develop intervention strategies for patients with T4 syndrome.
4. Choose appropriate outcome measures for patients with T4 syndrome.
5. Discuss pain science concepts useful for this population

Key References:

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Speaker Credentials/ Bio:

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