An Analysis of the ICF-Based Classification for Low Back Pain

Description:

In April 2012, the Orthopaedic Section of the APTA published clinical practice guidelines for the management of patients with low back pain (LBP). The guidelines established a classification system based upon the International Classification of Functioning, Disability, and Health model. The system identifies the following categories of LBP: LBP with mobility deficits, LBP with movement coordination impairments, LBP with related (referred) lower extremity pain, LBP with radiating pain, LBP with related cognitive or affective tendencies, and LBP with related generalized pain. This educational session will describe and analyze the ICF-based classification system for LBP.

Objectives:

(1) to identify and describe the International Classification of Functioning, Disability, and Health (ICF) based classification system categories and their associated symptoms and impairments of body functions as described in the 2012 Orthopaedic Section’s Clinical Practice Guidelines for Low Back Pain

(2) to describe evidence-based interventions for each of the ICF categories

(3) to identify limitations of the ICF classification system for LBP

(4) to compare the ICF classification system for LBP to other current classification systems

Key References:


Speaker:

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